Eating Our Way to a Resilient Community

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Threats from Storms

• Storm interference to our food supply
  – Low inventories
  – Just-in-time supply chains
  – No deliveries
  – Perishable food and lost power

• Our supply chain is extremely fragile!
Threat of Disruptions

- Producing and distributing food on a local level will help us weather disruptions of all kinds
- Diverse approaches provide more stability
Resilient Local Food Systems

Environmental Benefits

• Production and transport
• Seasonal eating
• Increased diversity, soil fertility, and water holding capacity
Resilient Local Food Systems

Economic Benefits

- Employment
  - 4:1 ratio
- Returns more money in the local community
- Supporting a local farmer in good times means they are there in bad times.
Resilient Local Food Systems

Social Benefits

• Better nutrition means better health
• Taste real flavors – as real as it gets
• Create community
Resilient Local Food Systems

To build resilient food systems, resilient characteristics must be selected and preserved.
Interdependence

Cape Cod Resources

• Buy Fresh Buy Local Cape Cod
  – Local Food Promotion
• Sustainable Cape
  – Education and Farmers Markets
• Local Land Trusts and Association for the Preservation of Cape Cod
  – Farmland Preservation
Interdependence

Soup Vegetables from Coonamessett Farm

• Apples from Waquoit
Regional Interdependence

Buy Local Initiatives

- Southeastern Massachusetts Agricultural Partnership
- Bristol
- Plymouth
- Norfolk
- 1,900 farms

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GROW YOUR OWN
Be sure!
Hyper Local Resiliency

• Tony Andrews Farm acquired by the Town of Falmouth
  – Retain the rights to farm
  – 36 acres of prime agricultural soils
  – Multiple agricultural uses
Thank you!

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Climate Resilient Agriculture

What is CSA?

- Sustainably increases productivity and income
- Strengthens resilience to climate change and variability
- Reduce agriculture’s contribution to climate change

National Food Security and Development Goals