TOWN OF FALMOUTH CERT
2016

WELCOME
September is National Preparedness Month

Atlantic Hurricane season
June 1 to November 30th
Are You Ready?

Get a Kit

Make a Plan

Stay Informed

September is Falmouth Community Preparedness Month
Disasters in the United States

Yearly Disaster “Averages”:

* **Cost** = $52 billion ($1 billion per week)

* **Fatalities** = 480

These statistics are for weather-related disasters only, which includes wild and forest fires.

The cost refers to property and crop damage.
Costliest U.S. Disasters

1988 **Drought**
$40 billion; 10,000 deaths

1993 **Midwest Floods**
$21 billion; 48 deaths

2005 **Hurricanes Katrina & Rita**
$85 billion; 1,843 deaths
Major disaster concerns are no longer just weather-related.

Terrorism Raises the Toll

September 11, 2001
$40 billion; 2,751 deaths
So, ARE You Prepared?

In order for a community to be prepared for a disaster, EVERYONE needs to take the necessary steps to become disaster-ready.

- Statement by DHS and American Red Cross
Why National Preparedness Month?

Since September 11, 2001, the US Government has taken steps to encourage all citizens to make their own survival preparations. September was chosen as National Preparedness Month, as the tragedies of September 11, 2001 highlighted to the nation the importance of being prepared. Also September was chosen partly because of the peak of the Atlantic hurricane season is in mid-September.

National Preparedness Month is sponsored by the Federal Emergency Management Agency (FEMA) within the Department of Homeland Security. Since its inception in 2004, National Preparedness Month encourages Americans to take steps to prepare for emergencies in their homes, businesses, schools, and communities.

The national preparedness architecture encompasses prevention, protection, response, and recovery efforts to prepare the United States for all hazards – whether terrorist attack or natural disaster.
National Preparedness Month’s Areas of Focus:

* Build a Kit
* Make a Plan
* Be Informed
* Get Involved
Why Do You Need to Prepare?

*Disasters are unpredictable

*Disasters happen in every community

*Your family’s well-being is important
Remember … We’ve had our share of local storms.
SOMETIMES 9-1-1 ISN’T ENOUGH

Light Search & Rescue

Cape Cod Medical Reserve Corps

A Community Project of the Dennis Church of the Nazarene

Integrity
Professionalism
Compassion
Teamwork

American Red Cross
Why Do You Need to Prepare?

* Emergency resources may be limited

* Helps you and those around you survive

* Reduces fear and anxiety
February 2013

How quickly we forget...

January 2015

“Plymouth County and the Cape Cod bay has been hit hard with Plymouth and Falmouth getting 18 and 19 inches of snow, respectively. A coastal flood warning remains in effect for much of Cape Cod and Nantucket. Wind gusts measured at 50 -70 mph in Plymouth”
How Can You Prepare?

*Remember the National Preparedness Month Areas of Focus?*

- Build a Kit
- Make a Plan
- Be Informed
- Get Involved
Build a Kit

Disaster supplies kit:
Three-day supply of non-perishable food
Three-day supply of water
Portable, battery-powered radio
Flashlight
Cash and coins

www.ready.gov
## Always Forgotten…

### Vital Document Check List

<table>
<thead>
<tr>
<th>Emergency information Summary</th>
<th>Financial</th>
</tr>
</thead>
<tbody>
<tr>
<td>Emergency contact information</td>
<td>Banking information</td>
</tr>
<tr>
<td>Family advisor</td>
<td>Safety deposit box</td>
</tr>
<tr>
<td>Map of area</td>
<td>Investments</td>
</tr>
<tr>
<td></td>
<td>Stocks &amp; bonds</td>
</tr>
<tr>
<td></td>
<td>Credit card list/extra cards</td>
</tr>
<tr>
<td></td>
<td>Tax information</td>
</tr>
<tr>
<td>Identification Items</td>
<td>Legal</td>
</tr>
<tr>
<td>Household members information</td>
<td>Will &amp; trust</td>
</tr>
<tr>
<td>Social security card</td>
<td>Legal contacts</td>
</tr>
<tr>
<td>Passport/visa</td>
<td>Car title</td>
</tr>
<tr>
<td>Marriage certificate</td>
<td>Real estate deeds</td>
</tr>
<tr>
<td>Birth certificate</td>
<td>Heath power of attorney</td>
</tr>
<tr>
<td>Wallet information</td>
<td>Funeral information</td>
</tr>
<tr>
<td>Driver’s license copy, etc</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Insurance</th>
<th>Household</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homeowners/renters</td>
<td>Utility accounts</td>
</tr>
<tr>
<td>Auto (license, make, model, year)</td>
<td>Memberships</td>
</tr>
<tr>
<td>Medical</td>
<td>Computer passwords</td>
</tr>
<tr>
<td>Dental</td>
<td>Household inventory</td>
</tr>
<tr>
<td>Vision</td>
<td>Item list and photo c.d.</td>
</tr>
<tr>
<td>Life</td>
<td>Extra auto and house keys</td>
</tr>
<tr>
<td>Disability</td>
<td>Computer back-up c.d.’s</td>
</tr>
<tr>
<td>Umbrella</td>
<td>Cash in small denominations</td>
</tr>
<tr>
<td></td>
<td>Extra bank checks</td>
</tr>
<tr>
<td>Medical</td>
<td>Family</td>
</tr>
<tr>
<td>Medication records</td>
<td>Genealogy</td>
</tr>
<tr>
<td>Immunization records</td>
<td>Religious records</td>
</tr>
<tr>
<td>Eyeglass prescriptions</td>
<td></td>
</tr>
<tr>
<td>Medical records</td>
<td></td>
</tr>
<tr>
<td>Wallet medical form</td>
<td></td>
</tr>
</tbody>
</table>
CAR EMERGENCY KIT

In addition to your emergency kit, keep a car kit in your vehicle:

☐ First-aid kit.
☐ Blankets, newspaper and large plastic bags for warmth.
☐ Extra warm clothing and footwear.
☐ Battery-powered radio and flashlight, and extra batteries.
☐ Water (a few 1-liter plastic bottles).
☐ Cards, games, puzzles.
☐ Bright cloth to use as a flag.
☐ Cloth or roll of paper towels.
☐ A large HELP sign.
☐ Cell phone and a charged spare battery.
☐ Phone list of friends, family, doctors, neighbors and towing services.
☐ Jumper-cables, small shovel, sand, ice scraper, brush.
☐ Sand, salt or kitty litter.
☐ Tow rope or chain.
☐ Fire extinguisher.
☐ Warning light or road flares.
☐ Road maps.
Make a Plan

Types of Preparedness Plans

- **Personal** - for home AND workplace
- **Family** - includes everyone in your household-- don’t forget your pets
- **Workplace** - educate your co-workers on disaster preparedness
- **Shelter in Place Plan**
- **Evacuation Plan**
Family Communications Plan:

Your family may not be together when disaster strikes, so plan how you will contact one another and review what you will do in different situations.

How will my family get emergency alerts and warnings?

How will my family get to a safe location? Where should that location be?

What if we can not get to our designated meeting place?

How will my family get in touch if cell phone, internet, or landline doesn’t work?

How will I let loved ones know I am safe?

How will family get to a meeting place after the emergency?

Download your own plan at: www.ready.gov/america/family_plan.html
### Family Communication Plan

**Know the Numbers!**

<table>
<thead>
<tr>
<th>Home:</th>
<th>Adult:</th>
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<tbody>
<tr>
<td>Parent:</td>
<td>Home:</td>
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<tr>
<td>Cell:</td>
<td>Cell:</td>
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<tr>
<td>Work:</td>
<td>Neighbor:</td>
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<tr>
<td>Cell:</td>
<td>Cell:</td>
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<tr>
<td>Sibling:</td>
<td>Neighbor:</td>
</tr>
<tr>
<td>Cell:</td>
<td></td>
</tr>
<tr>
<td>Out of state friend/relative:</td>
<td></td>
</tr>
</tbody>
</table>

Remember your home and parents' cell phone numbers!

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**Important Information**

**Out-of-Town Contact**

<table>
<thead>
<tr>
<th>Name:</th>
<th>Home:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cell:</td>
<td></td>
</tr>
<tr>
<td>Email:</td>
<td></td>
</tr>
<tr>
<td>Facebook:</td>
<td></td>
</tr>
<tr>
<td>Twitter:</td>
<td></td>
</tr>
</tbody>
</table>

**Neighborhood Meeting Place:**

**Regional Meeting Place:**

**Work Information**

<table>
<thead>
<tr>
<th>Workplace:</th>
<th>Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone:</td>
<td></td>
</tr>
<tr>
<td>Facebook:</td>
<td></td>
</tr>
<tr>
<td>Twitter:</td>
<td></td>
</tr>
<tr>
<td>Evacuation Location:</td>
<td></td>
</tr>
</tbody>
</table>

**School Information**

<table>
<thead>
<tr>
<th>School:</th>
<th>Address:</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phone:</td>
<td></td>
</tr>
<tr>
<td>Facebook:</td>
<td></td>
</tr>
<tr>
<td>Twitter:</td>
<td></td>
</tr>
<tr>
<td>Evacuation Location:</td>
<td></td>
</tr>
</tbody>
</table>

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**Let them know you're OK!**

Pick the same person for each family member to contact. It might be easier to reach someone who's out of town.

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**Text, don't talk!**

Unless you are in immediate danger, send a text instead of calling to get a faster response. Texts often have an easier time getting through during emergencies, and you don't want to tie up phone lines needed by emergency responders (like 911).

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Before an emergency happens, have a family discussion to determine who would be your out-of-state point of contact, and where you would meet away from your home — both in the neighborhood and within your town.

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[Check out the ready.gov/kids website for more info!](http://www.ready.gov/kids)
Make a Plan

• Inventory home possessions
• Copy important documents
• Plan to survive on your own for at least 72 hours
• Know your evacuation routes
• Create a personal support network
• Plan for services to be unavailable
• Identify your “family contact”
Make a Plan

Is My Plan going to be exactly like Your Plan?

Customize your plan for individual needs and responsibilities based on the methods of communication, types of shelter and methods of transportation available to you and your family members. Other factors to keep in mind include:

- **different ages** of members
- responsibilities for **assisting others**
- **dietary** needs
- **medical needs** including prescriptions and equipment
- **disabilities** or access and functional needs including devices and equipment
- **languages**
- **cultural** and **religious** considerations
- **pets** or service animals
Maintaining your plan and kit

- **Practice** with all family members. Quiz the kids
- Conduct home **drills**
- Keep information **updated** on a regular basis
- **Change items** in your kits every 6 months
- Let your **outside contact** know where you keep your kit and what your plan is in the event of a disaster
- Include your **neighbors** in your plan
Be Informed

Do we all need to know exactly the same thing?

- **Households with children** should understand the school’s plans - where children will stay safe if adults in the household need to shelter in other locations until the immediate hazard is over.
- **Individuals who are deaf or hard of hearing** should make sure that they can receive emergency alerts and warnings in an accessible form.
- **Individuals who require accessible transportation** should work with their local paratransit and disability service providers to make an emergency plan.
- **People who speak languages other than English** may need to identify sources of alerts and warnings and information about community plans in other languages.
- **People without vehicles** should know local plans for public transportation and may need to make arrangements for transportation from local government, organizations or others.
- **Households with infants** should plan for food and supplies for infants and nursing mothers.
Be Informed

• **People with dietary needs** should have an adequate emergency food supply to meet their needs.

• **People who take medications** should maintain an adequate supply, and copies of their prescriptions.

• **People with service animals** should work with local emergency management to ensure that their service dog will be admitted to shelters with them during emergencies (as required by law) and should make sure their plan kit supplies include food and other items for their service animal.

• **People who require power for medical or other assistive devices** should consider how they will maintain the use of these devices if there is a loss of power. Keep extra batteries for small devices (hearing aids, cell phones for example) and consider obtaining and learning how to use a generator for home use and carrying a charger when away from home, especially when loss of power may jeopardize health or safety.
Be Informed

Learn the specific natural disasters that can occur in your area
Learn your Flood Zone, if in a coastal area
Learn basic first aid and CPR skills
Learn how to shelter in place
Learn how to use a fire extinguisher
Learn how to turn off home utilities
Learn where your Emergency Notifications come from.
Appliance Gas Shutoff Valve
To turn off the gas at the gas appliance, rotate the valve a quarter turn.

Know Where Your Home's Main Electric Switch is Located
To quickly turn off the electric supply to your entire home in case of an emergency.

Know How to Reset a Circuit Breaker
After turning off or unplugging appliances on the circuit, push the switch firmly to the off position, then back on.
Be Informed

Where do Emergency Notifications come from?

Town Manager/Emergency Management Director
Radio, Television, Facebook, Twitter

Falmouth Emergency Preparedness
BeReadyFalmouth
Download Massachusetts Alerts: A free public safety alerting app

The Massachusetts Alerts app is available for iOS (Apple) and Android platforms. Download it today by searching for "Massachusetts Alerts" on the App Store or Android Market.

Users receive real-time information, including:

- Severe weather watches and warnings (users set preferences)
- Amber alerts about missing children
- Critical information during disasters, such as evacuation
- Open Community Shelter & shelter-in-place information
- Information about power outages, Tips to prepare for and stay safe during disasters and public safety incidents

Go to: [http://www.mass.gov/eopss/agencies/mema.massachusetts-alerts.html](http://www.mass.gov/eopss/agencies/mema.massachusetts-alerts.html) for more information.

**CodeRED** is an emergency notification service by which public safety officials can notify residents and businesses by telephone, or cellular phone about emergency situations in your area. The system is capable of sending messages only to specific neighborhoods or the entire community.

**CodeRED** will only be used when emergency situations arise that you should know about. Some examples of these situations include:

- Severe Weather Situations
- Substantial Utility Outage
- Evacuation Notices
- Missing or Lost Persons
- Fires or Floods
- Major Roadway Issues
- Significant Criminal Situations
- Chemical Spills or Gas Leaks

All residential and business listed and unlisted phone numbers in the participating areas of Falmouth, Sandwich, Truro, Wellfleet and Nantucket are included in the CodeRED service.

Go to: [www.bsheriff.net](http://www.bsheriff.net) and follow the Code Red links, listed under the Public Safety tab, which will take you to the registration portal of ECN to register any phone numbers.
Get Involved

Get Involved before disaster strikes!

*Volunteer* to support disaster efforts in your community. Get trained and volunteer with a [Community Emergency Response Team](http://community.fema.gov/), Medical Reserve Corps unit and/or other Citizen Corps Partner Program or Affiliate organization.

*Be part of the community planning process*. Connect and collaborate with your local emergency planning group, Citizen Corps Council or local emergency management agency.

*Join or start a preparedness project*. Find an event or identify local resources, build a team, choose a project, set goals and serve your community by improving the preparedness of your friends, colleagues and neighbors.

This represents only a few of the many ways that individuals and community organizations can *Get Involved* to help communities lessen, prepare for, respond to and recover from disasters.

TOWN OF FALMOUTH CERT
2016
THANKS AND SEE YOU NEXT TIME
COMMUNITY EMERGENCY RESPONSE TEAM
TOWN OF FALMOUTH
INCORPORATED D-1686